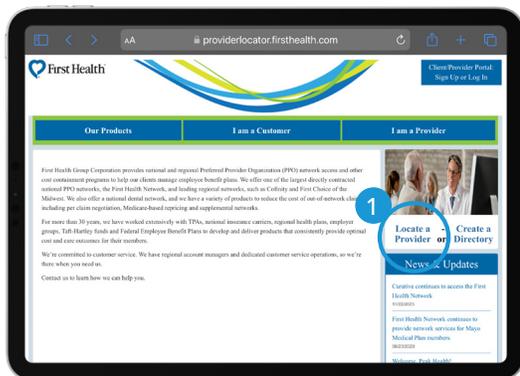




NEED TO ACCESS HEALTH CARE OUTSIDE ARIZONA OR CALIFORNIA?

As plan participants of Western Growers Health, you and your covered dependents can access healthcare services outside of California or Arizona through the First Health® network. Using a First Health contracted provider for any necessary non-emergency care can help mitigate out-of-network claims and potentially higher out-of-pocket costs. First Health providers can check your Western Growers Health eligibility and benefits by calling customer service at (800) 777-7898.



Follow these easy steps to locate a participating First Health provider.

Go to www.FirstHealth.com

To the right of your screen,

- 1 Click **Locate a Provider or Create a Directory**

Within the search portal:

- 2 Click **First Health Network** option
- 3 Click **Start now**

Fill out the Search options:

What type of provider are you looking for?

- 4 Choose a provider type (Physician, Hospital, etc.)

Do you want to search by ZIP or State?

- 5 Enter in your zip code, radius to search – or select State, County or City

- 6 Click **Search now**

You can also narrow your search by Physician Name, Facility, Phone Number, Medical License Number or National Provider ID number.

Review the Search results

